



GHATAL RABINDRA SATABARSIKI MAHAVIDYALAYA

NAAC Accredited (Grade-B) UGC Recognized Multi-faculty College

Affiliated to Vidyasagar University

ESTD. - 1961

Ghatal :: Paschim Medinipur :: 721212

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Introduction of Department of Physical Education:

About Department:

The department of Physical education was established in Ghatal Rabindra Satabarsiki Mahavidyalaya in the year 2009 by introducing pass course. Presently the department has two teaching staff and one non-teaching staff. The teachers are specialized in different areas of the subject and therefore, are perfectly competent to meet the demand of the learner. Currently, Physical education department offers only undergraduate programme.

From the Desk of HOD

Nowadays, physical education is considered a part and parcel of the education system. This very subject makes one a perfect, popular and high-personality-based leader of a nation and also focuses that "Be Active, keep fit, enjoy your life, Be Passive, grow fat, risk your life; the choice is yours." Our vision is to enrich the following: leadership, socialism, cooperation, collaboration, flexibility, and kindness. We hope that our students will lead in all spheres of life with credit. We believe that we are not alone; we are together and equal; we're ready to help each other to lead a happy and prosperous life in this very mundane world. We are

always involved in sports, games, yoga, meditation, first aid, and multigym activities. Our goal is broad and emphasis is given on making a good person, good health, healthy mind, good character etc.

Dr. Arindam Jana

M.A, M.P,Ed, M.Sc in Yoga & Naturopathy, M.S.W., Ph. D.

Contact Details

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FACULTY

Sl.No	Name	Designation	Qualification	Specialization
1	Dr. Arindam Jana	SACT	M.A., M.P. Ed, M.Sc. in Yoga and Naturopathy, M.S.W., Ph. D	Yoga & Naturopathy, M.S. W.
2	Dr. Sk Rasid Mahammad	SACT	M.Sc., PGDYE, M.P. Ed, M. Phil., Ph. D	Yoga and Exercise Physiology

Sl.No	Name	Designation	Qualification
1	Mr. Nepal Samanta	Non- Teaching Staff	M.A in History